

the problem of the consciousness. So, let's again stimulate our debates on the "hard", seemingly never to be settled, issues on consciousness.

Yasutaka Kubota M.D., Ph.D.

Group coordinator

The Kyoto Neuropsychoanalysis study group

Turkish Neuropsychoanalysis Study Group

In 2019, our group continued working and publishing on affective neuroscience and neuropsychoanalysis:

- (1) In January, Clinical Psychologist Gökçe Özkarar Gradwohl published her review paper titled "Cross-cultural Affective Neuroscience (CAN)" in the journal *Frontiers in Psychology: Psychoanalysis and Neuropsychoanalysis*. CAN aims to investigate the influence of culture on the regulation of basic affective systems. CAN claims that this influence can be studied by observing the cultural variations in (i) the level of emotional interdependency, (ii) the types of reinforced or suppressed affects, and (iii) the types of effects that accompany interdependent or independent self-construals. The paper summarizes that cross-cultural comparisons of Turkish and American ANPS findings and the results of our first Euro-Asian CAN project among Japan, Turkey, and Germany support these claims. These cultures regulate the basic affective systems in unique ways, while maintaining certain similarities with each other. In a way, each culture has a unique affective personality profile and a specific function in the global affective network. The conclusion of this review shares guidelines, suggestions, and ethical codes for future CAN researches. To reach the full article, please see the references.
- (2) In August, our new group member Psychiatrist Yasemin Hoşgören Alıcı and her colleagues, Halise Devrimci Özgüven, Adnan Kuşman. Gonca Asut, initiated the research titled "The Relation of

Affective Neuroscience Personality Traits with the Suicidal Ideas in Patients with Major Depression". The subjects will be recruited from the outpatients of Ankara University Hospital and Başkent University Hospital. Beck's Depression Inventory will be utilized in this research, which compares the ANPS profiles of patients with or without suicidal ideation.

- (3) In October, as the guest of Türkiye Neuropsychoanalysis Seminars, we were happy to welcome again Prof. Oliver Turnbull for the third time in our city. He gave his inspiring talk titled "Neuroscience of Psychotherapy." The talk focused on the subcortical affective systems in the archaic brain which are strongly linked to mental health. The literature that proves the relation of basic affective systems and organic psychiatry was presented and the importance of these systems during the process of psychotherapy was elaborated in detail. Prof. Turnbull made it clear to the audience that psychotherapy is not only a talking cure, but a psychoneural process. We are looking forward to listen to his talks again in Istanbul.
- (4) In December, our group member Prof. Barış Korkmaz was invited to talk at the Third Neuroscience Congress that was held at Nişantaşı University, Istanbul. His talk on "Neuropsychoanalysis" was followed by an interdisciplinary audience, composed of psychologists, neuroscientists, neurologists, and psychiatrists. Prof. Korkmaz's detailed talk helped to improve the neuropsychoanalytical awareness among mental health experts.

Reference

Özkarar-Gradwohl, F. G. (2019). Cross-cultural affective neuroscience. *Frontiers in Psychology: Psychoanalysis and Neuropsychoanalysis*. doi:10.3389/fpsyg.2019.00794

Group co-ordinator:

Fatma Gökçe Özkarar Gradwohl

www.npsa-istanbul.com

npsa.istanbul@yahoo.com.tr