

Gonçalves was presented in Lisbon by Carlos Amaral Dias, our group member with expertise in psychiatry and psychoanalysis, and João Gama Marques, a psychiatrist with training in neuroscience and biological psychiatry.

Additionally, in January of 2019, Filipe Arantes-Gonçalves presented a seminar about “The clinical integration in the dialogue between psychopharmacology and psychotherapy” at the Universidade Nova de Lisboa. In this seminar, the main aspects of benzodiazepines, antidepressants, mood stabilizers and antipsychotics, as well as several emotional and psychodynamic aspects concerning the subjectivity of psychopharmacological treatment, were presented.

In conclusion, we expect our group to continue these and other developments in neuropsychanalysis and to have more activities to report in the next bulletin report of 2019.

Group Coordinator

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Turkish Neuropsychanalysis Study Group

Here is the national and international news from our group for the second half of 2018:

- (1) Three of our group members from three different disciplines, Neurologist Prof. Barış Korkmaz, Psychiatrist Prof. Hakan Atalay, and Clinical Psychologist Gökçe Özkara-Gradwohl, presented a “Neuropsychanalysis” panel at the 2nd Neuroscience Congress organized by the Association of Interdisciplinary Brain Researches. The topics of their talks were “Neuropsychanalysis and the Theory of Mind (ToM),” “Neuropsychanalysis and Ethics,” and “Cross-cultural Affective Neuroscience” respectively.
- (2) Our first Euro-Asian Cross-cultural Affective Neuroscience (CAN) Project, titled “Cross-cultural Affective Neuroscience Personality Comparisons of Japan, Turkey and Germany” has been published (Özkara-Gradwohl et al., 2018). The five-year old project was supervised by Prof. Jaak Panksepp and Prof. Ken Davis, coordinated by Gökçe Özkara-Gradwohl from the Turkish Npsa Group, in collaboration with Dr. Keiichi Narita from the Japanese Npsa Group and Prof. Christian Montag from Ulm University, Germany. CAN suggests that culture influences the degree to which subcortical basic affective systems are reinforced or inhibited by affecting family models and mothering styles (Özkara-Gradwohl, 2012; Özkara-Gradwohl et al., 2014). The findings of our first Euro-Asian CAN Project (Özkara-Gradwohl et al., 2018) were in line with this suggestion. The project carried out the cross-cultural comparisons of Japan, Turkey, and Germany on the Self-construal Scale (SCS), the Affective Neuroscience Personality Scales

(ANPS), and the Big Five Scale (B5S). The SCS scores showed that the level of interdependent self-construals decreased from East to West; however, independent self-construals did not gradually increase. The highest independency score was found in Turkey. Theoretically well-known German individualism was not found to be based on higher independency, but on lower interdependency. On the ANPS, female groups scored similarly on positive affects, whereas differences were evident for negative affects. It was also found that Japanese females had higher FEAR, while Turkish females had higher ANGER. Similarly, Japanese males had higher FEAR and SADNESS, while Turkish males had higher ANGER. On the ANPS, Turkish and Japanese males were more similar and distinct from the German males who had lower scores almost on all affects on ANPS (except ANGER). However on B5S; Turks and Germans were found to be quite similar and distinct from the Japanese. Findings were discussed in light of varying mothering styles (“prolonged symbiotic mothering” style in Japan, “separation-individuation reinforcing” mothering style in Germany, “separation without detachment” mothering style in Turkey) and family models (interdependent family model in Japan, emotionally interdependent family model in Turkey, independent family model in Germany) found in each country. In order to reach the full text, please e-mail us or visit our website: www.npsa-istanbul.com.

References

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- Özkara-Gradwohl, F. G., Panksepp, J., İçöz, F. J., Çetinkaya, H., Köksal, F., Davis, K. L., & Scherler, H. N. (2014). The influence of culture on basic affective systems: The comparison of Turkish and American norms on the affective neuroscience personality scales. *Culture and Brain*, 2(2), 173–192.

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Boston NeuroPsychoanalysis Workshop

The Boston NeuroPsychoanalysis Workshop had a lively 2018 fall season with the following presentations:

“Depression, Suicide, and Ketamine Usage,” presented by Howard Wishnie, M.D. on September 12, 2018

“The Ego, Prediction Error, and the Default Mode Network,” presented by Burns Woodward, M.D., on October 17, 2018