

RUSSIA: FAMILY PSYCHOTHERAPY & NEUROSCIENCE REGIONAL GROUP

The Russia Family Psychotherapy and Neuroscience Regional Group have engaged in a number of activities during 2017 which are summarized below:

- (1) A weekend Neuropsychanalytic training workshop was conducted by Professor Mark Solms at the Sigmund Freud Institute, Frankfurt from the 26th to the 27th of May 2017. The focus of the workshop was on “A practical introduction to Neuropsychanalysis: clinical implications”, and was attended by Associate Professor Arseny Tarabanov.
- (2) The establishment of the Institute of Neurocommunications and Psychotherapy (INNCP) in Vilnius (Lithuania) www.inncp.com, attended by Professor Edmond Eidemiller, and Associate Professor Arseny Tarabanov. The INNCP is an organization of university teachers and practitioners in the fields of psychiatry, psychotherapy, psychology, and neuroscience providing post-graduate education in full-time (seminars and lectures) and distance (webinar) forms. The institute mission is to fill the deficit of knowledge in the sphere of neuroscience – neuropsychanalysis, epigenetics, neuropsychodynamic psychiatry, neurophilosophy, interpersonal neurobiology.
- (3) Webinars on Neuropsychanalysis were conducted by Associate Professor Arseny Tarabanov at the Institute of Practical Psychology (IMATON) in St.Petersburg (Russia), with the following key themes and related topics:
 - a. “Neuropsychanalysis: Professional toolkit of a new generation of psychotherapist”. The webinar topics were focused on (27th and 28th of April 2017):
 - *Neuropsychanalysis or the legacy of Freud through the prism of modern neuroscience*
 - *Psychic energy and neural coding.*
 - *Neural integration*
 - *How and why to use it in the psychotherapeutic process?*
 - *Neuropsychanalytical diagnostics: Identification of the defense mechanisms of the patients*
 - b. Neuropsychanalytical therapy of depression (11 July 2017):
 - *The pathophysiology of depression in modern neurosciences.*
 - *Neuropsychodynamics of depression (analysis of defense and coping mechanisms)*

- *Loss of the parent object, introjection of the lost object, weakening of real object relations.*
 - *Negative emotions and self*
 - *Somatization*
 - *Inhibition of the ego and brain activity*
 - *“Lamentation” of the rupture of child-parent relations and psychotherapeutic interventions.*
 - *Return to “here and now” in the therapeutic process.*
 - *Psychopharmacotherapy and neuropsychanalysis of depressions.*
- c. Psychoses in neuropsychanalytical practice: new possibilities of the therapist. The webinar was dedicated to (24 July 2017):
 - *Schizophrenia and other psychoses in the psychoanalytic perspective: Freud, Federn, Jung, Klein, Mahler, Kohut, Menzos, Grotstein, Greenspan.*
 - *Self-disorder and neurobiological research.*
 - *Expression of a defect or self-regulation of a patient?*
 - *Defense mechanisms in schizoaffective psychosis.*
 - *Psychodynamics of postpartum psychosis.*
 - *Transference relations in the psychotherapy of psychoses and their neurobiological basis.*
 - *Therapeutic means of neuropsychodynamic psychotherapy and psychopharmacology.*
 - *Group psychotherapy of psychoses in the hospital and beyond.*

Group Coordinator

Arseny Tarabanov

beobachter1971@gmail.com

TURKISH NEUROPSYCHOANALYSIS STUDY GROUP

An update on the news and activities of the *Turkish Neuropsychanalysis Study Group* during late 2016 and the first half of 2017 follows:

For spring semester seminars in 2016, the Psychiatric Association of Turkey invited the Turkish Neuropsychanalysis Study Group to present a symposium on Neuropsychanalysis. Fatma Gökçe Özkarar Gradwohl (clinical psychologist), Prof. Barış Korkmaz (neurologist), and Assoc. Prof. Hakan Atalay (psychiatrist) gave their talks successively on the topics: “*Neuropsychanalysis and*

Cross-cultural Neuroscience”, “*Neuropsychanalysis and the Theory of Mind*”, and “*Neuropsychanalysis and Ethics*”. As this was the first invite to our group from the Psychiatric Association of Turkey, it signaled that neuropsychanalysis will be welcome more and more among the psychiatry specialists of our country.

In March 2017, Prof. Barış Korkmaz gave a stimulating speech on “*Spinoza and Neurosciences*” at the Düşünbil Academy in Ankara. In April, he gave another talk titled “*Neurobiology of Love and Its Impossibility*” at Logos Seminars held in Şirince Köyü, again organized by Düşünbil Academy. The collaboration of Prof. Korkmaz with the Academy is improving our contact with the young generation of specialists from different disciplines.

In May 2017, Assoc. Prof. Hakan Atalay was invited by Haliç University Psychology Club to give a talk about “*Introduction to Neuropsychanalysis*”. This lecture is a signal that our group is planning to collaborate with universities to supply a full semester course on “*Introduction to Neuropsychanalysis*”. More news will be coming soon.

In July 2017, Prof. Barış Korkmaz and Fatma Gökçe Özkarar Gradwohl (clinical psychologist) attended the *18th International Neuropsychanalysis Congress*. Prof. Korkmaz presented the topic

“*Autism, as a Disorder of Self Development*”. Gökçe Gradwohl gave a talk titled “*The Cross-cultural Comparison of Japan, Turkey and Germany on Affective Neuroscience Personality Scales (ANPS), the Big Five Factors (B5S) and Self-Construct Scales (SCS)*”. The talk summarized the findings of collaborative research which was carried out under the supervision of Prof. Jaak Panksepp and Ken Davis, by the Turkish Neuropsychanalysis Study Group, the Japanese Neuropsychanalysis Study Group, and Prof. Montag from the University of Ulm. This research, being the first Cross-cultural Affective Neuroscience Personality Research, showed the universal and culturally unique findings on ANPS, B5S and SCS, along a Euro-Asian spectrum. The article is going to be published soon, with our gratitude to and longings for dear Panksepp, who passed away in April. He will always enlighten our way with his brilliant and caring mind. We will keep him alive by continuing our Cross-cultural Affective Neuroscience Studies. May he rest in peace, wherever his soul is.

Fatma Gökçe Özkarar Gradwohl
www.npsa-istanbul.com
npsa.istanbul@yahoo.com.tr