

REPORT

Bulletin of the International Neuropsychoanalysis Society

Maria Sonia Goergen

Bulletin 31

This Bulletin has made a great difference in our brain-mind-body community, and now that we are, as a journal, also on line, it is much easier to get in touch and to let people know that the International Neuropsychoanalysis Society has active chapters all over the world.

We welcome you to read about the activities that have been organized by The Turkish Neuropsychoanalysis Study Group, as well as The Integrative Psychosomatic Society in Paris, published below.

On behalf of the Southern Brazilian Chapter, which I represent, I would like to thank the SBPPA (Sociedade Brasileira de Psicanálise de Porto Alegre) for hosting such a nice meeting on neuropsychoanalysis in Porto Alegre this past November.

We look forward to receiving news from your group for the next issue, and hope to see all of you at the 17th International Neuropsychoanalysis Congress on “Other Minds” to be held in Chicago on July 7–10th, 2016.

Maria Sonia Goergen
msonia12@gmail.com

The Turkish Neuropsychoanalysis Study Group

With the improving neuropsychoanalytic awareness in our country, the Turkish Neuropsychoanalytic Group has now 2000 followers on Facebook. We continue to enhance the interdisciplinary dialogues with the hope for the resolution of conflicts among different disciplines. The activities carried out by our group are summarized below:

- (1) In May, the XII International Cognitive Congress – held in Istanbul – hosted two members of the Turkish Npsa Study Group: Neurologist Prof. Barış Korkmaz and Clinical Psychologist Gökçe Özkarar-Gradwohl. Korkmaz talked about the neurosciences and neuropsychoanalysis of attachment, and Özkarar-Gradwohl talked about the history of body-mind dualism, the basic theories and principles of neuropsychoanalysis and cross-cultural affective neuroscience findings. Both speakers pointed to the importance of nature–nurture interaction in the development of self and the formation of object relations.
- (2) Clinical Psychologist Dr Hanna Nita Scherler from the Circle of Affective Neuroscience of the Turkish Npsa Group, supervised the master’s thesis of Ecem Çoban at Istanbul Bilgi University, who used the Affective Neuroscience Personality Scale’s spirituality subscale to test the hypothesis that level of spirituality could count as an individual difference determining how one relates to death. In particular, it was hypothesized that there is an interaction effect of spirituality and mortality salience on judgements of moral transgressions, so that the effects of mortality salience would be prominent among those with low levels of spirituality but not with high levels of spirituality. However, statistical analyses revealed no such interaction.
- (3) In September, Clinical Psychologist Dr Hanna Nita Scherler and Clinical Psychologist Dr Ferhat Jak İçöz started supervising the master’s thesis of eight psychology students at Hasan Kalyoncu University, utilizing the Affective Neuroscience Personality Scales along with other psychometrics. The findings will be reported in the coming academic year.
- (4) In October, Prof. Barış Korkmaz from the Turkish Neuropsychoanalysis Study Group and Prof. Charles Njikiktjen, from the Dutch members of The International Neuropsychoanalysis Society, met with the mental health experts and students of Istanbul, at the panel named “Neuropsychoanalysis of Mother Infant Attachment”. In this education organized by the Turkish Neuropsychoanalysis Study Group, Çınar Psychotherapy Center and İstanbul Bilgi University Clinical Psychology Department, the two experts presented the content of their new book *Children’s social relatedness: An embodied brain process*. Attendees at this book launch were especially interested in how the emotional world of mother–infant relationship influences body, brain and mind.
- (5) In December, Prof. Barış Korkmaz gave a seminar on “Play and Its Neuroscientific Journey” at the

2 Report

Play Therapies Association in Istanbul (www.oyunterapileridernegi.org). In his talk he explained the ancient and universal role of play based on affective neuroscience findings and the importance of play in psychotherapies.

Fatma Gökçe Özkarar-Gradwohl
www.npsa-istanbul.com

Reference

Korkmaz, B., Njikiktjen, C., & Verschoor, C. A. (2013). *Children's social relatedness: An embodied brain process*. Amsterdam: Suyi Publications.

The Integrative Psychosomatic Society (SPI), La Pitié-Salpêtrière, Paris

During the year 2015, we had conferences and study days; for the first time we were able to create the “Review of Integrative Psychosomatics”, of which we published two issues. We also created the Institute of Integrative Psychosomatics, which offers web training in psychosomatics to medical doctors, psychiatrists, clinical psychologists, psychoanalysts, health personnel and all professionals wishing to develop an understanding of the overall psychosomatic functioning of human beings. We have a teaching team responsible for the curriculum comprising: Jean Benjamin Stora, Stephane Flamant, Frédérique Tafforeau, Michael Stora and Lionel Naccache. This team works with many colleagues of the association, and at the time I write this we are about 25 teachers.

In January 2015, we had a symposium on “Placebo Effect and Psychosomatics”. Dr Lionel Naccache in his introduction to the symposium communicated on “the transforming facts of the placebo effect”, Dr Bruno Trumbic on “Placebo effects and therapeutics”, Dr Frédérique Tafforeau (PhD in cellular and molecular biology) on “neurobiological data, the case of pain”, Dr Zahir Hassani on “the Ebers papyrus of clinical trials”, Dr JBDeligne on “Relations with the therapeutic painful patient”, and Prof. Jean Benjamin Stora on “metapsychological dimension of the placebo effect: how does the mind influence the body?”

In March 2015, we traditionally organize a workshop in which the members share their research projects, scientific papers and clinical cases: Jean Benjamin Stora, “Psychotherapy of a young alcoholic woman: importance of the maternal role in the therapeutic relationship following the teachings of Sandor Ferenczi”; Aurélie Kalafat, “Unconscious body of autobiographical memory” and Stephane Flamant, “Shame, a characteristic emotion of psychosomatic psychotherapy?”

In our June 2015 Symposium on “psychosocial risks” we had the following presentations: Jean Benjamin Stora – “Work stress in France in the early 80s of the twentieth century”; John Paul Vouiller – “The Hewlett Packard Case”; Jean-Jacques Maurice – “Management and RPS Techniques”; Elisabeth Jouan – “The role of the coach to master RPS”; Pascal Boes – “RPS, an interdisciplinary subject?” Bruno Rousset – “Relaxation therapy and RPS”; Myriam Brun-Valicon – “The case of a long period of patient follow-up”. All these papers were published in number two of the *Integrative Psychosomatic Review*.

Each issue of our review has a different editor that supports the publication number. I have been the chief editor of the first issue, which is an introduction to integrative psychosomatics. In the summary, we have the following articles: Jean Benjamin Stora, “what is integrative psychosomatic? Epistemological Basis for a future science?” Dr Pascale Surugue, “Integrative Psychosomatic in daily practice in a medical gynecology consultation”; Dr Frédérique Tafforeau, “from genetics to epigenetics, determinism to individuation, importance of fetal embryonic life on the development of vulnerability (molecular appearance): what kind of relationship with integrative psychosomatics?”; Dr Geneviève Desloges, “the five stages of somatization of integrative psychosomatics illustrated by the case of Michèle”; Dr Anne Heron, “Integrative Psychosomatics diagnosis of addictive disorders in hospital”; Rochdi Baklouti, “When the body displaces the mind, illustrated by a case of a tension headache”.

All our activities can be found on the website: <http://www.societedepsychosomatiqueintegrative.com>

Acting Chairman Pr. Jean Benjamin Stora
jbstora@aol.com