

- Drew Westen: "The Scientific Status of Unconscious Processes"
- Mark Solms: "The Interpretation of Dreams and the Neurosciences"
- Allan N. Schore: "Dysregulation of the Right Brain: A Fundamental Mechanism of Traumatic Attachment and the Psychopathogenesis of Posttraumatic Stress Disorder"
- Slawomir Murawiec: "Psychodynamic Interpretation of Psychotropic Medication"
- Cezary Żechowski: "Randomized Controlled Trial and Psychoanalytic Psychotherapy"

The reception of the book was very good, and over 700 copies were sold between October and December 2009.

2. Two reports from the 2009 Neuropsychoanalysis Congress in Paris were published in Polish scientific journals in 2009. The first was in *Polish Psychiatry (Psychiatria Polska)*, 43: 619–620 and the second in *Neuropsychiatry and Neuropsychology (Neuropsychiatria i Neuropsychologia)*, 4: 163–167. In addition, the journal *Psychotherapy* published the paper "Neuropsychoanalysis: Introduction to the Basic Assumptions and Theoretical Aspects" by Slawomir Murawiec (1999).

3. Although the seminars that were conducted previously were not continued in 2009, we continue to be engaged in providing general information to professionals about neuropsychoanalysis.

REFERENCES

- Murawiec, S., & Zechowski, C. (Eds.) (2009). *Od neurobiologii do psychoterapii* [From neurobiology to psychotherapy]. Warsaw: Instytut Psychiatrii i Neurologii.
- Murawiec, S. (2009). Neuropsychoanalysis: Introduction to the basic assumptions and theoretical aspects [In Polish]. *Psychotherapia*, 150: 21–29.

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Istanbul Neuropsychoanalysis Study Group

Our group continues to inform you about the national and international activities held in İstanbul, regarding neuropsychoanalytic approaches and the standardization of psychotherapy practice in Turkey. Here is some of the news from our city, as we carry out our bridging role between East and West:

1. In 2005, the European Federation of Psychologist Associations (EFPA) created an accreditation document for psychologists in psychotherapy practice and constructed a "Psychologist Specialized in Psychotherapy Accreditation Certificate." The Turkish Psychologists Association, being a member of EFPA, built an EFPA Europe Evaluation Committee under the administration of Prof. Guler Fisek from Bogazici University's Psychology Department. The committee, founded in 2009, ac-

cepts submissions from psychologists specialized in psychotherapy and conveys their details to EFPA, which has started to distribute the certificates to Turkish candidates. The Istanbul Neuropsychoanalysis Study Group (www.npsa-istanbul.com) encourages its members to be candidates for the related submission, with the belief that the application of international standards is a must in psychological health services.

2. In December 2009, Clinical Psychologist Banu Çankaya, Ph.D., and colleagues from the Psychology Departments of Doğuş University and Koç University, published their study observing the influences of sudden unexpected loss on interleukin-6 and insulin-like growth factor (Çankaya, Chapman, Talbot, Moynihan, & Duberstein, 2009). Unexpected loss—an important theme in psychoanalytic literature—is shown to weaken the immune system of our body, and thus our physical defense system. The long-term negative influences of sudden unexpected loss are highlighted in this interesting research. For the full text of the article, please write to banucankaya@yahoo.com.

3. In January 2010, the Istanbul Bilgi University Clinical Psychology Program and LOIZ (the Žizek group for Lacan readings) hosted Christian Hoffmann, a psychoanalyst from Paris, who gave a conference on "Freud, Lacan and Neuroscience: Clinics of Psychosis within Contemporary Science." The conference was interesting in terms of linking the Freudian and Lacanian theories with neuroscientific findings regarding psychosis, especially as seen in adolescence.

4. In April 2010, Nita Scherler, Falih Köksal, Enis Oğuz, and Gökçe Özkarar gave a panel on "Psychological and Metaphysical Perspectives on Spirituality" at the 18th National Psychology Congress, held in Mersin. They evaluated spirituality within the gestalt, evolutionary, quantum physics, and neuropsychoanalytic perspectives. Spirituality was considered a universal experience regardless of religion or religiosity. The correlations of the spirituality subscale with other subscales on the Affective Neuroscience Personality Scale were given special attention, highlighting the neuroscientific findings on spirituality.

5. The "World Conference on Psychology, Counselling & Guidance" took place from 21 to 25 April 2010, in Antalya, Turkey. The scope of the conference included neuroscience and psychology. For more information, please visit the official conference web site: www.wcpcg.org.

In the summer of 2011, the European Congress of Psychology, the International Congress of Cognitive Psychotherapy, the International Congress of Cross-Cultural Psychology, and the International Congress of Political Psychology will be held in İstanbul. Our group will inform you about the websites of the related congresses in the next bulletins to come. Hoping to see you in İstanbul . . .

REFERENCES

- Çankaya, B., Chapman, B. P., Talbot, N. L., Moynihan, J., & Duberstein, P. R. (2009). History of sudden unexpected loss is associated with elevated interleukin-6 and decreased insulin like growth factor-1 in women in an urban primary care setting. *Psychosomatic Medicine*, 71: 914–919.

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