


## Bulletin of the International Neuropsychoanalysis Society

*This second edition of 2018 follows the 19<sup>th</sup> Annual Congress of the Society; there is a remarkable feeling we are getting stronger within our relationships, deepened by our losses and nourished by our gains. Jaak Panksepp “runs in the neuropsychoanalytical family!”*

*It is also a pleasure to see how reliably some of the regional groups are sending in their reports, and how good it is to have more groups on their way.*

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### Bulletin 36

#### Turkish Neuropsychoanalysis Study Group

Although we sadly witness that the world is regressing to a paranoid-schizoid position, with increasing splitting within and among countries, we kept building scientific bridges in 2018:

1. We launched our new website [www.npsa-istanbul.com](http://www.npsa-istanbul.com) and we enriched two special links that we dedicated to our beloved supervisor Prof. Jaak Panksepp. The first link is related to our “Circle of Affective Neuroscience”, which continues supervising the master theses of graduate students that work with Affective Neuroscience Personality Scale since 2011. The second is related to our “Initiation of Cross-cultural Affective Neuroscience”, which we had announced in *Neuropsychoanalysis* in 2012, with the approval of Prof. Panksepp, that started the new research field in which we carry out cross-cultural affective neuroscience projects. The publications and proceedings of these two research portals will be available on our website.
2. Prof. Güler Fişek from the Turkish Neuropsychoanalysis Study Group published her new book titled: *Self in Relation: Culture, Family, Individuation and Psychoanalytical Searches*. The chapter “Psychoanalysis and Self” also included a discussion of “The Unification of Neurobiological Approaches with Psychoanalysis: Neuropsychoanalysis”. The book also argued that the separation-individuation focused psychotherapeutic goals does not appear to be suitable for non-Western cultures, where inter-relatedness are highly valued. How psychotherapy techniques may/must be modified-according to the cultures in which they are applied-was discussed in detail (Fişek, 2018).

3. Prof. Hanna Scherler from our “Circle of Affective Neuroscience” supervised the master thesis of Hatice Arıcı from Hasan Kalyoncu University, Antep, whose thesis title was “The relationship of Affective Neuroscience Personality Characteristics and the levels of anxiety and depression in patients with chronic diseases” (Arıcı, 2018).
4. Assoc. Prof. Hakan Atalay from our group was invited by İstanbul Haliç University Psychology Club, to give the second part of his previous neuropsychoanalysis seminar “Neuropsychoanalysis II”. He also published the article “Ziben: Zihin+Beden” (Ziben: Mind+Body) in the journal *Psikeart*, for the special issue named “Mind and Body” (Atalay, 2017). He elaborated the dual aspect monism under the coined term “ziben”.
5. In collaboration with Npsa Study Group of Turkey Psychiatry Association two panels related to neuropsychoanalysis and affective neuroscience were organized in İzmir at the 54th National Psychiatry Congress, entitled “Approaches to Mind–Body Unification” and “Affective Neuroscience”. In the first panel Assoc. Prof. Hakan Atalay talked about “Neuropsychoanalytical Perspective to Understand Self and Other”. The latter panel was dedicated to Prof. Jaak Panksepp, and Clinical Psychologist Gökçe Özkarar Gradwohl presented the international studies that she was involved with under the title “Cross-cultural Affective Neuroscience”.

For next year, we hope that the global mind improves its awareness about different cultures and builds up the “respect for cultural differences” besides “love for universal similarities”.

### References

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